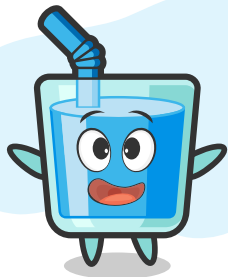


# DO YOU KNOW THE 4Ts?

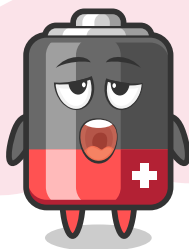
## Thirst

a thirst that can't  
be quenched



## Tired

unexplained or  
excessive fatigue



## Thinner

unexplained or  
sudden weight loss



## Toilet

going to the  
toilet a lot



Did you know type 1 diabetes is one of the most common chronic childhood conditions? With no cure and up to **90% of diagnoses having no family history**, it pays to know the signs.

Type 1 diabetes can develop quickly in children, and if missed, it can be fatal. The good news?

**Knowing the early signs of type 1 diabetes could make all the difference.**

Learning the 4Ts takes just a moment and **could save a child's life**. If you notice these signs, don't wait – see your doctor immediately!

**SCAN**  
the QR code to  
find out more

