



We work with our community to
prevent and reduce the impact of diabetes

Annual Report

2017 - 2018

Our year in photos





Diabetes Australia - Tasmania
Trading as
Diabetes Tasmania
ACN 087 092 180
ABN 90 087 092 180

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PATRON

**Her Excellency Professor the Honourable Kate Warner, AM,
Governor of Tasmania**

BOARD

President & Chairperson

Mr Robert Manning - LLB (Chair, Governance Committee)

Vice President

Mrs Fiona Dixon - B.Com, FCPA, GAICD

Directors

Mr Gabriel Gossage - MIS, B.Bus, Dip. Man.

Mrs Linda Manaena - MMkt, DipFS (FP), FAMI, CPM

Mrs Alison Garrett - BA. Cert Governance Practice, GAICD

Prof. Stephen Rattigan - B.Sc (Hons) PhD

Mrs Rosalie Beardsley - RN. Dip Project Management

CHIEF EXECUTIVE OFFICER

Ms Caroline Wells

BANKERS

**Commonwealth Bank of Australia
National Australia Bank**

AUDITORS

Wise Lord & Ferguson

CORPORATE SPONSORS

**Nekon Pty Ltd - Trading as, Wursthau
and Tasmania's Westhaven
OneCare Limited
Optus
Pfizer
Norske Skog
MAIB
TDT - 9 TAS
IGA Tasmania
RRT - Rapid Relief Team (TAS)
Pharmaceutical Guild (TAS)
The Pennicott Foundation**

MAJOR DONORS - over \$500

**Ms Julia Farrell
Ms June Bramich
Mr Paul Morgan
Ms Suzanne Betts
Mr Bruce Neill, The Select Foundation**

Diabetes Tasmania would like to thank the members of the
Tasmanian Parliamentary Diabetes Support Group for their continued support and assistance.

President's Report



It is so pleasing to be part of an organisation such as Diabetes Tasmania which not only has very worthwhile objectives and does such great work in assisting Tasmanians affected by diabetes, but also continues to be a very successful organisation.

This year has been very productive and has seen ongoing development and extended reach of the services provided by Diabetes Tasmania. Further, this year has seen a move to new and more suitable premises which provide our very professional staff with a very professional space in which to carry out their excellent work. I am sure that staff are greatly enjoying their new work environment.

In November 2017, the Board and senior staff took part in a Strategic Planning Day for the purpose of setting our strategic plan for the next three (3) years. Our key areas of focus remain as before, but with a particular emphasis to be placed on working with communities in order to achieve our objectives.

The success of Diabetes Tasmania includes being in a sound financial position allowing us to not only focus on the delivery of important and valuable programs to assist those living with diabetes, but also to invest in making a longer term difference through prevention initiatives and research, and ever important advocacy to raise the profile of Diabetes Tasmania and to raise the awareness of community members and community leaders about diabetes and its impact.

In order to maximise our efforts within Tasmania, Diabetes Tasmania continues to work collaboratively with Diabetes Australia and with other organisations throughout the network of the Australian diabetes community. This enables us to share information

and resources, to speak with “a louder voice”, and to achieve things that our limited scale would not otherwise enable us to achieve. We will continue to look for increased opportunities in this regard and to avail ourselves of them for the benefit of all Tasmanians.

I congratulate Caroline Wells and all of the Diabetes Tasmania staff for their commitment and continuing achievements.

I also thank each and every member of the Board for the generous donation of their time, wisdom and leadership.

Robert Manning
President, Board of Directors



At the 2017 World Diabetes Day celebration with Kellion Victory Medal recipients, volunteers, supporters and other Board members.

Diabetes Tasmania Strategic Directions 2018 - 2021

OUR PURPOSE

We work with our community to prevent and reduce the impact of diabetes.

HOW WE WILL ACHIEVE OUR PURPOSE

Working in collaboration and with the support of Diabetes Australia

Being a respected and valued source of information, advice and views

Being a community leader and advocate for all people affected by diabetes

Nurturing our current partnerships and continuing to collaborate and build strategic partnerships with other organisations

Being a trusted service partner of Government

Our credibility and independence

Showing strong leadership and governance of our organisation

The quality and expertise of our staff

**Your local health charity,
here for you now
and into the future**



Diabetes Australia's national campaign Take Diabetes 2 Heart ran in June 2018.

#1

Heart disease is the **#1 cause of death** in adults with type 2 diabetes



Two-thirds of Australian adults with type 2 diabetes may have heart disease



People with diabetes are 2-4 times more likely to develop heart disease



2 in 3

Heart disease causes **2 in 3 deaths** in people with type 2 diabetes



People with diabetes may develop heart disease 10 to 15 years earlier



Governance Committee

As a committee of the Board of Directors, the Governance Committee is tasked with ensuring that the Board of Directors is functioning appropriately and efficiently, and helps the Board carry out its due diligence function related to the healthy development and operation of the Board, its committees and task forces, and performance of the individual Board member. To that end, the Governance Committee devises ongoing systems for education and evaluating Board members.

With all of the above in mind, the Governance Committee has throughout the year:

- continued to establish and review policies relating to many difference aspects of the activities of our organisation;
- conducted and considered a board effectiveness survey;
- conducted and considered a skills audit of the current Board members;
- identified the preferred skill-set of any new Board member;
- arranged a professional development event for Board members which provided investment strategy training; and
- conducted a Strategic Planning Day for members of the Board and senior staff for the purpose of setting our strategic plan.

An effective governance committee means an effective board of directors, which in turn leads to a more functional and efficient organisation.

I thank all of the members of the Governance Committee for their valuable contributions.

Robert Manning

Chair of Governance Committee

Finance, Risk and Quality Committee

The Finance Risk and Quality Committee has a broad scope and significant governance responsibilities within Diabetes Tasmania. Over the past year the committee has continued to review overall financial performance and ensured that all policies and procedures that support financial management are appropriate and compliant with all relevant standards. The Investment Strategy continues to be reviewed and there are now dedicated funds that can be allocated to endorsed strategic projects.

For an organisation of our size, the quality and safety systems are well established and of a high standard, with the organisation again receiving ongoing accreditation, with no recommendations. Risk management to ensure staff and consumer safety is a high priority for this committee and all risks continue to be monitored at an operational and governance level.

I would like to take this opportunity to thank all members of this committee, which includes staff and Directors, for their commitment and hardwork. I would also like to thank Fiona Dixon for her leadership of this committee over the past five years; her mentoring and her financial expertise.

Alison Garrett

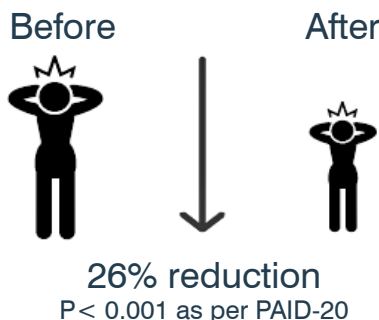
Chair of Finance, Risk and Quality Committee

Improved health outcomes for people living with diabetes

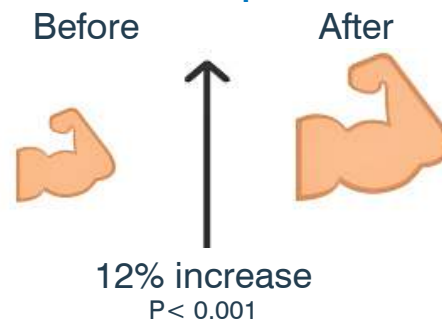
Refer your patients to our free / low cost self management education programs.

DESMOND - one day group program

Diabetes Distress



Diabetes Empowerment



SMARTS - short, topic specific group programs

Diabetes Empowerment



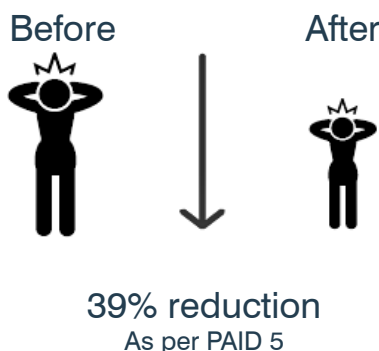
SMART Programs available

ShopSmart
CarbSmart
MeterSmart
MedSmart
FootSmart

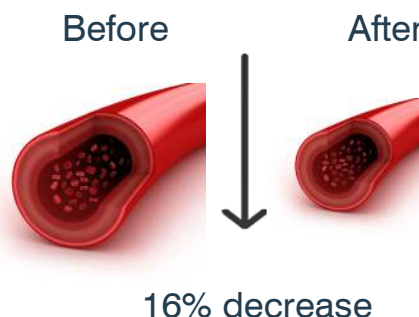
Ready Set Go, Let's Move
Living with Insulin
Insulin Pump Workshop

The COACH Program® - 6 month phone based program

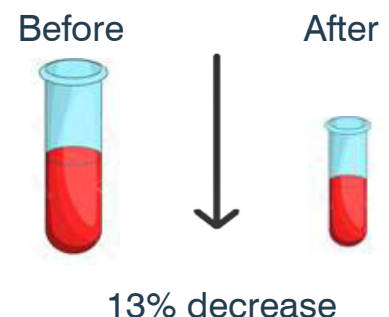
Diabetes Distress



LDL Cholesterol



HbA1C Levels



NDSS
national diabetes services scheme

1300 136 588 (national)

diabetestas.org.au

6215 9000 (Tasmania)

diabetes
tasmania

The National Diabetes Services Scheme is an initiative of the Australian Government administered with the assistance of Diabetes Australia.

Chief Executive Officer's Report

This year we have again had a busy and more importantly, a productive year. Our operational result has been excellent, which will allow us to further invest in supporting people with diabetes and provide more opportunities for us to advocate and increase our community focus on the impact of diabetes.

We have seen an expansion of our service delivery throughout the state with 88% of our income allocated to service delivery through our Health Service Programs and the services associated with the National Diabetes Services Scheme.

Over the last 12 months we have continued to refine the primary care pathway for people with diabetes and as part of this work there has been strong engagement with general practice and other community providers. One of the key strengths of our self-management programs is that they are all evidence-based and clearly demonstrate a reduction in diabetes distress and an increase in diabetes empowerment. Two of our flagship programs, DESMOND and The COACH Program® show a 26% and a 39% reduction in diabetes distress respectively. In addition, participation in DESMOND shows a 12% increase in diabetes empowerment and participation The COACH Program® shows consistent and significant improvements in cholesterol and HbA1c. These are important indicators of how well people are living with their diabetes.

During the year we have spent some time exploring opportunities to increase the scope of our work and to address gaps in care throughout the state. As part of this work we have been engaging with the Department of Health to extend The COACH Program® to those unable to attend face to face cardiac rehabilitation. It is pleasing that as part of this advocacy work we were successful in obtaining funding for a new program which will commence from 1 November 2018.

Another clear gap is the absence of support for women post gestational diabetes (GDM). Approximately 50% of women who have had GDM will go on to develop type 2 diabetes, so ensuring there is a program available for these women is critical. An application to the Tasmanian Community Fund to deliver The COACH Program® to this group was successful and we will commence this new program later

in 2018, which will run to June 2020.

Both of these new funded programs rely heavily on collaboration and partnerships with other organisations. Working in partnership is fundamental to our success and my thanks to all our service partners including Primary Health Tasmania and the statewide Diabetes Centres.



Our commissioned work in work in aged care continues to grow and the outcomes delivered clearly show the importance of our work with staff in residential aged care. For the participating facilities a 53% reduction in diabetes related admission was demonstrated as well as a 29% reduction in emergency department presentations. This work continues in 2018/19 with an expanded number of participating facilities.

As well as the service delivery space, working together with many different partners allows us to more effectively deliver our message to the community. Membership of the Tasmanian Chronic Disease Prevention Alliance; being the proud charity partner for the City to Casino and working with Tim Smith and the Pennicott Foundation to support the Schools Triathlon Challenge are integral to promoting our prevention and health and wellbeing messages.

Our annual Living Well with Diabetes forums were a great success, with one being held in Swansea and the other in Hobart. The community well and truly supported these events and the events presented a wonderful opportunity to engage with local communities. We also held a similar event for health professionals, which again was well supported.

From 1 July 2017 we implemented a new organisation structure. The purpose was to provide greater support for our expanding clinical services and to allow us to advocate on a larger scale for people with diabetes.

continued overleaf >

Chief Executive Officer's Report (... continued)

This change has been very beneficial and I am so proud of the wonderful team we have here and of their dedication and commitment. An organisation is only as good as its people, so we are so fortunate. Supporting our amazing staff are our dedicated Board members and wonderful volunteers. Thank you all so much.

As well as a new structure, in October we moved into a new Hobart office. This took several months of planning and was the result of a strategic decision by the Board to support the expansion of the organisation. The new premises provide increased space, including a larger room for group education activities and more importantly, provides a welcoming space for our clients and a great work place for staff.

In November 2017, Board and senior staff participated in the Strategic Planning workshop. This was an important time to review our activities and look to the future. Although there were minimal changes to our key areas of focus, we agreed to specifically articulate the importance of working with communities as part our purpose. The strategic direction for the organisation will see our new strategic directions guide us for the period 2018 -2021.

Although we receive funding to deliver specific programs, fundraising is an important focus for our organisation. Our annual cycle event, PolliePedal was a great success with over \$40,000 being raised. As well as the fundraising aspect, this event is a wonderful opportunity to engage with many rural communities. Our Tax Appeal was also well received and over \$25,000 was raised to support diabetes research. It is only through the generous support of our wonderful donors that this can happen, so a heartfelt thank you to everyone who supports Diabetes Tasmania through our fundraising activities.

In conclusion, thank you to all our members, partners and supporters and of course our fabulous staff, Board and volunteers. You are all the lifeblood of our organisation and allow us every day to reduce the impact of diabetes. Thank you.

Best wishes



Caroline Wells
CEO, Diabetes Tasmania



Kellion Presentations with Robert Manning
and then Lord Mayor Sue Hickey



PolliePedal, with Greg Johnson receiving a
donation from the Lions Club of Penguin.



Schools Triathlon Challenge, with Robert
Pennicott.



With TDT/9 General Manager, Stephen
Giles, who supported us on PolliePedal



Grandfather of nine Maurie Woods remembers the day his GP of more than 20 years looked him over and said: “We’ve got to get you tested.”

The 64-year-old had already noticed some symptoms of type 2 diabetes but “didn’t want to believe” he had the chronic condition.

When the diagnosis came back, his spirits sank. “You get down in the doldrums when you find out you’ve got it,” he explains. “You think, why have I got it? Why hasn’t that person over there that’s 20 stone got it?”

Things got tougher when Maurie needed to have heart surgery for a leaky valve mid-2017. He spent three days in ICU at a Melbourne hospital as a result of a diabetes-induced infection.

The New Norfolk local says his health issues – and his attitude to them – were causing stress at home in the lead up to the operation, and taking a toll on his beloved wife Vickie.

“I was having arguments and that with my wife, which I never ever do. She was trying to put me on the straight and narrow, but I didn’t want it,” he says.

“‘Why should I change? I haven’t changed all my life, I’ll be right.’ That was my attitude at the start.”

The turnaround came when the Maurie sat down with diabetes nurse educator Ree Van Galen after being referred to Diabetes Tasmania’s rural primary health program, which is funded by Primary Health Tasmania.

Initially, he says he was expecting a lecture about all the things he wouldn’t be able to do anymore, and all the “dull stuff” he’d have to eat.

Instead, he says Ree’s first concern was finding out “where I wanted to go”. While he confesses his eating habits weren’t great before his diabetes diagnosis – sometimes a whole packet of chips would go in front of the telly – Maurie got a lot out of a DESMOND group education session.

The day-long sessions are designed to support people living with type 2 diabetes and cover topics such as how to decrease anxiety and stress and boosting physical activity levels.

Now, the Franklin-born disability support worker says he eats a lot of apples, but allows himself a “cheat” every now and then in healthy moderation.

Since taking control of his condition, he’s also started working out at a local gym with trainer Stacey Dolliver as part of a nine-week program called Men’s Moves that specifically targets men living with chronic conditions.

The Freedom Health and Wellness exercise program is a partnership between Corumbene Care’s rural primary health program, which is also funded by Primary Health Tasmania.

Before he accessed these services, and after his heart surgery, Maurie says he was on 42 units of insulin. Now, it’s down to four.

Importantly, he says the financial strain of his operation is still a burden, so being able to access diabetes support and exercise classes for little or no cost has been a huge help.

“I think if your family supports you, your doctor supports you, the people down at the gym support you, and of course, your diabetes educator supports you, I think you’ve got it made,” he says. “You’ve got to use the whole circle, and everybody in it.”

If you are interested in finding out more about our rural primary health program/clinics or any of our programs like DESMOND, please call us on 6215 9000.

This article first appeared on the Primary Health Tasmania website.

Michelle's story ...

It was a light bulb moment bundled up in a lunch box.

Michelle Studley had been packing her daughter Olivia's lunch with nutritious things like pieces of fruit, yoghurt and a sandwich every day, all the while forgetting an ingredient.

To look after herself.

It was an omission she didn't realise until a Diabetes Tasmania dietitian pointed it out.

"She said, have you ever thought about just packing that lunch for yourself? While you're doing hers, you could do yours," the Kingston local recalls.

"I thought, oh my god, I've never ever thought of it, even though it takes five to 10 minutes."

Michelle is considered at risk of developing type 2 because she experienced gestational diabetes while pregnant with Olivia, who is now almost four years old.

When a flyer for Diabetes Tasmania's COACH program arrived in her letter box, the 42-year-old says she didn't think twice about wanting to take preventive action to try to reduce her likelihood of developing the condition.

The program, which is funded by the Department of Health, Public Health Services, provides people in the community with the opportunity to work with a coach to understand, manage and improve their risk factors (such as nutrition, blood pressure and physical activity).

Support is provided over the phone once a month for approximately six months and participants are encouraged to be active rather than passive when it comes to their healthcare.



"When you think of talking to a dietician, you feel like you might get judged or that they're going to tell you to make all these extreme changes," Michelle says.

"But she was lovely and put me at ease, and said this program is about working at your pace and the changes you want to make."

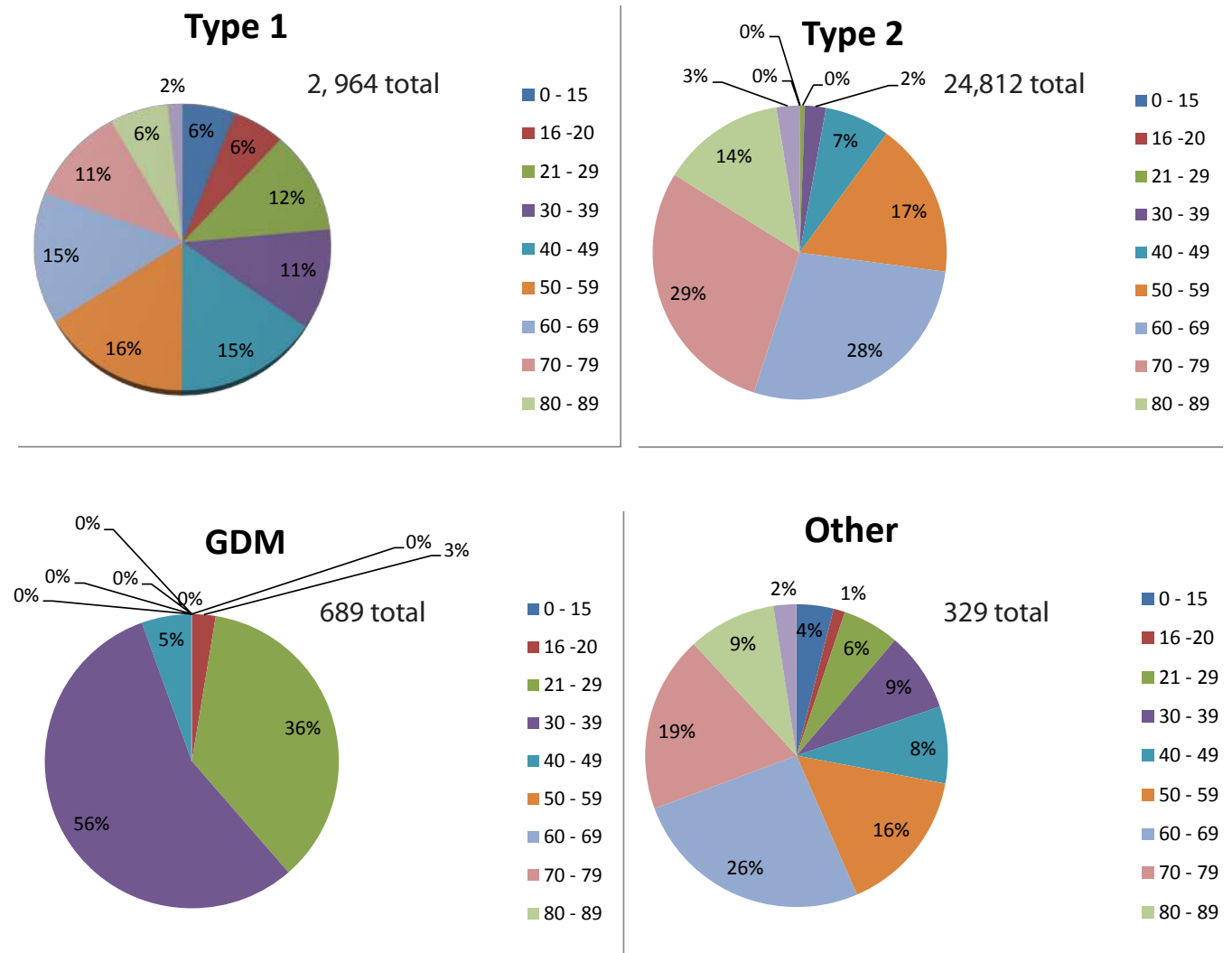
"It wasn't huge things I had to do in a month."

Since completing the program, she's made small but significant changes to her daily life to ensure she stays healthy.

She takes the stairs multiple times to incorporate incidental exercise into her work shifts, freezes healthy meals as "at home takeaway" and has cut down on TV viewing time to ensure she's not tempted to fall back into old habits.

"It's a really good program," she says.

Current percentage of NDSS registrants by type and age group - Tasmania



KNOW THE 4 T'S
OF TYPE 1 DIABETES

**THIRST, TOILET,
TIRED, THINNER**

#itsabouttime
#NDW2017

diabetes tasmania
diabetes australia

HALF A MILLION
AUSTRALIANS COULD HAVE
TYPE 2 DIABETES,
BUT DON'T KNOW IT.

#itsabouttime
#NDW2017

diabetes tasmania
diabetes australia

#NDW2017
#itsabouttime

THE EARLY SIGNS OF
TYPE 1 DIABETES
ARE OFTEN
MISSED.

diabetes tasmania

diabetes tasmania

MANY PEOPLE
LIVE WITH TYPE 2 DIABETES
FOR 7 YEARS
BEFORE IT IS DIAGNOSED.

PolliePedal'18



PolliePedal'18

PolliePedal, Diabetes Tasmania's flagship 3 day charity bike ride was another success this year as community engagement and awareness hit an all-time high and over \$50,000 was raised.

We also had many firsts, with two of our cyclists having to pull out due to becoming grandparents, our congratulations to you both on your respective arrivals.

Day one saw our riders cycle in torrential rain from 8.30am to 6.00pm - a first in our 13 year history. Their determination, guts and character were truly on display. Everyone did an amazing job and stayed safe.

Our special thanks go to the Rapid Relief Team who, despite the weather conditions on the Friday, were still at every stop providing breakfast, morning tea, lunch and afternoon tea. Their support and assistance is gratefully appreciated by all of us.

In another first for our 13 years, for safety reasons we had to pull our team off the road on Saturday morning due to more heavy rain and conditions overnight – our riders safety is paramount. True to form though, when the weather cleared after lunch they were back on their bikes and completed a ride for the day.

The last day saw us receiving a wonderful morning tea provided by the West Tamar Diabetes Support Group in Gravelly Beach, before finishing in Launceston at the Launceston Club.

Over the years we have cycled nearly 4,000 kilometres of the Tasmanian landscape and including this year's funds we have raised over \$640,000 which has and will continue to be used to support all Tasmanians living with diabetes, living with undiagnosed diabetes and those in the community who are at high risk.

Moreover, the event was an exciting, at times challenging ride but an enjoyable weekend for a group of enthusiastic cyclists – all of whom said they are looking forward to returning next year (and some bringing along their cycling mates).

**Thank you
to our
PolliePedal'18
Sponsors.**

*Your support is
appreciated.*





In May, it was National Volunteers Week.

Volunteers are the backbone of any organisation, freely giving their time, knowledge, support and expertise to help those who are in need.

Over the years we have had a wealth of amazing volunteers come through our doors and we would like to thank each and every one of them for their loyalty, support and effort that they put in each and every week – packing, folding, enveloping – nothing is ever too big or too small for our loyal band of volunteers.

To all our volunteers who work in all areas of the organisation, we thank you.



City to Casino 2018

Huge thanks must go to our fundraisers on everyday hero for raising money through their participation in this years City to Casino Fun Run and Walk.

Katrina Roocke, Donna Woodleigh and her son Riley, who worked tirelessly raising over \$3,000 between them! This effort is to be commended and we thank you for your amazing efforts.



Tax Appeal 2018

Donations received through our tax appeal 2018 raised over \$25,000 and will be going towards supporting and investing in research here in Tasmania, as well as supporting larger national initiatives in diabetes research, like the Diabetes Australia Research Program.

All types of diabetes are serious, complex and require daily care and management. Turning this pandemic around is something we are very passionate about and without the support from appeals like this, it would not be possible.

Again, thank you for your donation.

Financials

Statement of Comprehensive Income and Expenses for the year ended 30 June 2018					
		2018		2017	
Revenue					
Product Sales		\$ -		\$ -	
Fundraising		115,062		127,884	
Health Services		1,699,113		1,301,117	
Interest - Bank Accounts		14,009		14,003	
NDSS Total Funding		926,218		987,970	
Rental Income		15,420		15,080	
Memberships		95,408		102,800	
Youth Activities		73,358		68,982	
Sponsorship		-		4,545	
Other Income		5,893		8,874	
Wage reimbursement		20,512		-	
Total Income		2,964,992		2,631,255	
Expenses					
Product Purchases		-		-	
Administration		89,977		75,393	
Employment Costs		1,821,533		1,533,249	
Fundraising		13,829		10,935	
Marketing & Awareness		-		17,786	
Office Equipment		291,628		244,563	
Program consumables		442,983		342,311	
Travel		57,447		59,185	
Total Expenses		2,717,396		2,283,423	
Operating surplus		247,596		347,832	
Other Income					
Bell Potter Investment		36,356		-	
Total Other Income		36,356			
Other Expenses					
Loss on Disposal of Assets		4,371		-	
Total Other Expenses		4,371		-	
Net Surplus		279,581		347,832	

Statement of Financial Position as at 30 June 2018					
		2018		2017	
CURRENT ASSETS					
Cash & Cash Equivalents	2	2,436,783		\$ 2,214,111	
Sundry Debtors/Prepayments		225,679		172,973	
Inventory		- 57		61	
Redundancy				-	
Total Current Assets		2,662,405		2,387,145	
NON-CURRENT ASSETS					
Property, plant and equipment	3	152,298		76,467	
Total non-current assets		152,298		76,467	
TOTAL ASSETS		2,814,703		2,463,612	
CURRENT LIABILITIES					
Creditors and other payables	4	141,141		99,411	
Provision - Annual & Long Service Leave	5	228,372		179,814	
Income in advance	6	345,733		359,767	
Total Current Liabilities		715,246		638,992	
NON-CURRENT LIABILITIES					
Provision - Long Service Leave	5	31,256		36,000	
Total Non-current Liabilities		31,256		36,000	
TOTAL LIABILITIES		746,502		674,992	
NET ASSETS		2,068,201		1,788,620	
Equity					
Retained Earnings		1,788,620		1,440,789	
Current Year Surplus / (Deficit)		279,581		347,831	
TOTAL EQUITY		2,068,201		1,788,620	

Accumulated Funds					
		2018		2017	
Accumulated funds at the beginning of the year		\$ 1,788,620		\$ 1,440,788	
Net Surplus for the year		279,581		347,832	
Accumulated funds at the end of the year		2,068,201		1,788,620	

Notes

1. Cash and cash equivalents include cash on hand, cash in banks and investments in money market instruments, with an original maturity of 3 months or less.
2. Property, plant and equipment are depreciated using Straight-line depreciation

Summary Financial Report for the year ended 20 June 2018

The financial statement and other specific disclosures are a summary of and have been derived from the audited financial statements of Diabetes Australia - Tasmania for the year ended 30 June 2018.

The summary financial report does not, and cannot be expected to provide a full understanding of the financial performance or financial position of Diabetes Australia - Tasmania as the full report.

A copy of the Annual Financial Report and Auditor's Report will be available at the Annual General Meeting and can be provided upon request.

Diabetes Australia - Tasmania is a company established under the *Company Limited by Guarantee Act 1956* and operates in accordance with the legislative requirements and its Constitution. The accounts are audited each year and a copy lodged with ACNC.

Copies of the audited financial statements are available to members and to the public on request.

Financials - Directors' report & declaration

DIABETES AUSTRALIA - TASMANIA'S DIRECTORS' REPORT

Directors submit their report for the period ended 30 June 2018.

Directors

The names and qualifications of the Directors in office at the date of this report are:

Mr Robert Manning - LLB. – President (Elected President 11 September 2014)
Mrs Fiona Dixon – B.Com, FCPA, GAICD – Vice President (Elected 11 September 2014)
Mr Gabriel Gossage (Appointed 26 November 2014)
Mrs Linda Manaena (Appointed 1 April 2015)
Mrs Alison Garrett (Appointed 10 May 2017)
Prof Stephen Rattigan (Appointed 10 May 2017)
Mrs Rosalie Beardsley (Appointed 21 June 2017)

All Directors are paid-up Members of Diabetes Australia -Tasmania, trading as Diabetes Tasmania, in accordance with the Constitution. No Director had any pecuniary interest in the affairs of the Company during the year.

Principal Activity

The principal activity of the Company during the course of the financial year was that of a charitable organisation serving the needs of people with diabetes, promoting awareness of diabetes, the associated risk factors and the promotion of a healthy lifestyle. The Company is a public company limited by guarantee incorporated in Tasmania and registered as Diabetes Australia – Tasmania, the Company trades under the name Diabetes Tasmania. Diabetes Australia - Tasmania is a member organisation of Diabetes Australia, the national peak body.

The Operating surplus for the 12 months trading period ending 30 June 2018 was \$279,581 compared to a surplus of \$347,832 in the previous 12 months.

Review of Operations Income and Expenditure

Key income drivers were Health Services 57.3% NDSS 31.1% of total income. In line with organisational service delivery requirements employment costs comprised 61% of total expenses.

Likely Developments and Expected Results

For the financial year 2018/19 all current health service programs will continue with funding being secured for cardiac rehabilitation patients and gestational diabetes to be included into the Coach Program. The Type One Youth Support Program will continue its work in the area of Diabetes Friendly Schools and five children's and youth camps are planned for the period once again. The organisation has budgeted a profit of \$146,695 for 2018-19 financial year.

Director's Benefits

In accordance with the Company's Constitution, during or since the financial year, no Director of the Company has received or become entitled to receive any benefit by reason of a contract made by the Company or related corporation with a Director or with a firm of which a Director is a member, or with a company in which a Director has a substantial financial interest.

Signed in accordance with a resolution of the Directors.



Mr. Robert Manning
President

Dated this 23rd day of October 2018

Financials - Directors' report & declaration

Diabetes Australia – Tasmania

Directors' Declaration

For the Year Ended 30 June 2018

The Directors have determined that the Company is not a reporting entity and that this special purpose financial report should be prepared in accordance with the *Corporations Act 2001* and the *Australian Charities and Not-for-Profits Act 2012* outlined in Note 1 to the financial statements.

The Directors of the Company declare that:

1. The financial statements and notes present fairly the Company's financial position as at 30 June 2018 and its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements; and
2. In the Directors' opinion there are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

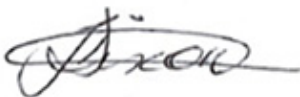
This declaration is made in accordance with a resolution of the Board of Directors.

Director



Robert Manning, President

Director



Fiona Dixon, Vice President

Date

23.10.18



Independent Auditor's Report to the Members of Diabetes Australia - Tasmania

Opinion

We have audited the financial report, being a special purpose financial report, of Diabetes Australia - Tasmania (the Company), which comprises the balance sheet as at 30 June 2018, the income and expenditure statement, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the directors' declaration.

In our opinion, the accompanying financial report of the Company is in accordance with the *Corporations Act 2001* and the *Australian Charities and Not-for-Profit Commission Act 2012*, including:

- (i) giving a true and fair view of the company's financial position as at 30 June 2018 and of its financial performance for the year ended on that date; and
- (ii) complying with Australian Accounting Standards to the extent described in Note 1, and the *Corporations Regulations 2001* and the *Australian charities and Not-for Profit Commission Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the auditor independence requirements of the *Corporations Act 2001* and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We confirm that the independence declaration required by the *Corporations Act 2001*, which has been given to the directors of the Company, would be in the same terms if given to the directors as at the time of this auditor's report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter - Basis of Accounting

We draw attention to Note 1 to the financial statements, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the directors' financial reporting responsibilities under the *Corporations Act 2001*. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Liability limited by a scheme approved under Professional Standards Legislation.



Financials – Auditor's report & declaration

Responsibilities of the Directors for the Financial Report

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial statements is appropriate to meet the requirements of the *Corporations Act 2001* and the *Australian Charities and Not-for-Profit Commissions Act 2012* and is appropriate to meet the needs of the members. The directors' responsibility also includes such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Entity to cease to continue as a going concern.

Financials - Auditor's report & declaration

- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Joanne Doyle


Partner

Wise Lord & Ferguson

Date: 24 October 2018

Auditor's Independence Declaration to the Directors of Diabetes Australia – Tasmania

In relation to our audit of the financial report of Diabetes Australia – Tasmania for the financial year ended 30 June 2018, to the best of my knowledge and belief, there have been no contraventions of the auditor independence requirements of the *Corporations Act 2001* or any applicable code of professional conduct.



Joanne Doyle

Partner

Wise Lord & Ferguson

Date: 23 October 2018

Diabetes Tasmania is a health charity who works with our community to prevent and reduce the impact of diabetes.

With over 60 years of supporting our community, Diabetes Tasmania has evolved into an organisation with a broad range of education and support services for people affected by all types of diabetes and those at risk.

Supporting over 82,000 Tasmanians living with diabetes or at high risk, Diabetes Tasmania is here for all Tasmanians now and into the future.



Diabetes Tasmania your local health charity.

Integrity - Compassion - Quality - Transparency - Respect - Professionalism

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