

TYPE 2 DIABETES  
**CAN DO SERIOUS  
DAMAGE**  
**IF NOT DIAGNOSED EARLY**  
IT'S A LEADING CAUSE OF



BLINDNESS



KIDNEY DAMAGE



AMPUTATION



HEART ATTACK  
AND STROKE

*Isn't it about time we all  
took diabetes seriously?*



# Our year in photos





Diabetes Australia - Tasmania  
Trading as  
Diabetes Tasmania  
ACN 087 092 180  
ABN 90 087 092 180

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## PATRON

**Her Excellency Professor the Honourable Kate Warner, AM,  
Governor of Tasmania**

## BOARD

**President & Chairperson**

**Mr Robert Manning - LLB**

**Vice President**

**Mrs Fiona Dixon - B.Com, FCPA, GAICD**

**Directors**

**Mr Gabriel Gossage - MIS, B.Bus, Dip. Man.**

**Mrs Linda Manaena - MMkt, DipFS (FP), FAMI, CPM**

**Mrs Alison Garrett - BA. Cert Governance Practice, GAICD**

**Prof. Stephen Rattigan - B.Sc (Hons) PhD**

**Mrs Rosalie Beardsley - RN. Dip Project Management**

## CHIEF EXECUTIVE OFFICER

**Ms Caroline Wells**

## BANKERS

**Commonwealth Bank of Australia**

**National Australia Bank**

## AUDITORS

**Wise Lord & Ferguson**

## CORPORATE SPONSORS

**Ascensia Diabetes Care**

**Nekon Pty Ltd**

**Pfizer**

**Norske Skog**

**MAIB**

**IGA Tasmania**

**RRT - Rapid Relief Team (TAS)**

**The Pennicott Foundation**

**Bangor Vineyard**

**Brightons Best Bakehouse**

## MAJOR DONORS

**Ms Julia Farrell**

**The Order of the Amaranth - Southern  
Cross Court No. 1**

**Mrs June Bramich**

**OneCare - Barossa Park Lodge (Staff)**

**Fairbrother Foundation**

**Dr Bruce Scott**

**Ms Suzanne Betts**

**Lions Club of New Norfolk**

**Ms Cath McDowell**

**Mr Anthony Brown**

Diabetes Tasmania would like to thank the members of the  
Tasmanian Parliamentary Friends of Diabetes for their continued support and assistance.



## President's Report



It continues to be an honour and a pleasure to serve on the Board of such a wonderful and successful organisation as Diabetes Tasmania, which continues to work with the Tasmanian community to prevent and reduce the impact of diabetes.

However, while our successes continue, so too do our challenges, with need for our services ever increasing. Diabetes is now one of the most significant health issues facing our community. Seven more Tasmanians develop diabetes every day, and the impact of the disease on our community is overwhelming. In order to respond to these challenges and to achieve even greater success, we need greater capacity, improved systems and services, greater reach, more resources and more money – more money for more education, more research, more prevention, more advocacy, more awareness raising, and more services.

Obviously, resources are always finite, and our appetite for more of everything we need will never be satisfied. Therefore, we must be constantly looking for ways to better and more effectively utilise the resources we have. Individuals are such a resource – you and me. If every person who is impacted by diabetes or who has any knowledge of diabetes could make even a small effort to discuss the prevalence and impact of the disease with those with whom they interact, we would achieve the increased awareness necessary to “influence the influencers” and so influence community and political leaders and other decision-makers who are

in a position to improve the resourcing of the very important work that must be done.

So, it is inescapable that we can each play a personal part in the great work of preventing and reducing the impact of diabetes in our community simply by taking advantage of opportunities to talk about diabetes, even in a minor way, and to anyone at all. A lot of small efforts and actions such as this can lead to big results. We should therefore keep it at the forefront of our minds to “spread the word”.

I extend my congratulations to Caroline Wells and to all of the Diabetes Tasmania staff not only for their achievements, but also for the professional, committed and compassionate way in which they go about their work.

I wish also to express my gratitude and appreciation to each and every member of the Board who provide ongoing governance of the highest order, and generously make available their time and skills for no reward.

Best wishes to all,

A handwritten signature in black ink, appearing to read 'Robert Manning'.

**Robert Manning**  
President, Diabetes Tasmania



## National Diabetes Week 2018

The theme of National Diabetes Week was **It's About Time**. Time for earlier detection of all types of diabetes, time for earlier treatment, time for people to get themselves checked, time for everyone to learn the early signs of type 1 diabetes. Isn't it time we all took diabetes seriously? Below are the social tiles that were shared via email, social media and websites.



## Governance Committee

Throughout the year the Governance committee has continued to assist and support the Board of Directors with its proper governance functions by:

- arranging a professional development program for Directors;
- overseeing Board recruitment functions;
- developing and reviewing policies; and
- conducting a Board effectiveness survey.

As a committee of the Board, the Governance Committee is not a decision making body, and merely undertakes tasks on behalf of the Board and makes recommendations to the Board. It remains for the Board to ultimately make decisions relating to governance of Diabetes Tasmania.

Diabetes Tasmania aspires to the highest principles of good governance, and the role of the Governance Committee is vital to meeting that aspiration.

I thank all members of the Governance Committee for their time and for their valued contributions.

**Robert Manning**

Chair of Governance Committee

## Finance, Risk and Quality Committee

The Finance Risk and Quality Committee has a broad scope and significant governance responsibilities within Diabetes Tasmania. At every meeting the committee reviews the financial performance of the organisation, quality initiatives and areas for improvement and Workplace Health and Safety and Risk Management across the organisation. It is pleasing to note that improvements to systems and processes to support service delivery to members and the community is constantly occurring and positive feedback is being provided back to Diabetes Tasmania. All organisation risks have been reviewed throughout the year, with no new risks added and some ratings of current risks reduced.

From a financial perspective Diabetes Tasmania remains in a stable and solvent position to support future service development and growth. Diabetes Tasmania again achieved ongoing accreditation with no recommendations for improvement, which is a significant achievement.

Thank you to all members of this committee for your commitment, knowledge and hard work throughout the year.

**Alison Garrett**

Chair of Finance, Risk and Quality Committee



## Our Camp Program

Our children's and young adults' camps are part of our Type One Youth Support (TOYS) program for children and young adults who live with type 1 diabetes.

Each camp is age specific and designed to develop self-confidence and resilience, whilst helping both children and parents realise that they are not alone in dealing with the challenges of living with diabetes.

If you wish to express an interest in any of our future camps, please call us on 6215 9000.

### Family Camp

**Birth to 6 years  
(plus parents and siblings)  
February, 2019**

- meet new families and share experiences
- games for the kids
- make new friends.

### Junior Camp

**10 - 13 years  
October, 2018**

- aged based activities
- confidence building
- full support for diabetes management, provided by diabetes educators and dietitians, whilst fostering independence.

### Spring Camp

**7 to 9 years (plus parent)  
November, 2018**

- activities designed to build confidence to attend the next camp without a parent
- parents able to share experiences.

### Senior Camp

**14 - 17 years  
April, 2019**

- get ready for life as a young adult
- 'challenge by choice' activities which can include kayaking or abseiling
  - designed to build trust and self-confidence.

### Young Adult Retreat

**18 - 25 years  
January, 2019**

- challenge yourself
- build self awareness
- bust some personal myths
- try bushwalking or sea-kayaking with a supportive team.

**Companionship - Support - Education - Fun**





## Chief Executive Officer's Report



I am very pleased to report that Diabetes Tasmania again had a very successful year. Our operational result was excellent, which will enable us to further support people with diabetes, allow us to invest in more research and provide us with more opportunities to advocate and increase our community focus about the impact of diabetes.

I wanted to share some of the highlights of our work over the last year.

- As part of our statewide rural and urban diabetes and dietetic clinics, funded by Primary Health Tasmania, we delivered over 3,500 client consultations.
- Over 360 Tasmanians have participated in The COACH Program®, which is funded by Public Health Service
- Funding was secured through the Tasmanian Community Fund to expand The COACH Program® to women who have previously had gestational diabetes and in addition, through Department of Health funding, the Program is now working with cardiac rehabilitation patients
- Our work in the aged care sector, funded by Primary Health Tasmania has seen us engage with 34 facilities statewide to assist them to deliver best practice diabetes care for their residents
- We have supported research through funding to the Diabetes Australia Research Program and locally through the Menzies Institute for Medical Research, where we are supporting a post graduate student, Raja Gurung, to undertake her PhD studies in the genetics of diabetic eye disease
- We presented a poster at the National Rural Health Conference in March about our work delivering an integrated care pathway for people with diabetes in rural Tasmania
- Maintained our focus on ensuring we deliver quality services through our ongoing BSI ISO 9001:2005 accreditation

As part of our role as a member of the federation of Diabetes Australia, Diabetes Tasmania continues to contribute to supporting people with diabetes at a national level. A number of our activities have involved co-ordinating working groups in key areas of both service delivery and policy development.

- Diabetes Tasmania was commissioned by the National Diabetes Services Scheme (NDSS) to coordinate a review of the Starter Pack. This is a resource which all Australians, who are newly diagnosed with type 1 or type 2 diabetes, receive upon registration with the NDSS. This has been a wonderful opportunity for staff to contribute nationally and this work will continue in the 2019/20.
- We also coordinated the development of the Diabetes Australia position statement on Low Carb Eating for People with Diabetes.
- In regard to national leadership I have continued in the role of Lead for Type 2 Diabetes and Judy Broad leads the national priority area, Older People with Diabetes.
- Diabetes Tasmania also led the development of the Diabetes Australia submission to the Royal Commission into Aged Care in Australia. This was a great opportunity for us to contribute to ensuring the needs of some of our most vulnerable Australians are understood and met. We will continue to work with Diabetes Australia to advocate for the needs older people as the Royal Commission progresses.

It is great recognition of our organisation to be involved at this national level and testament to the quality and dedication of our staff.

Advocating for people with diabetes at all levels of politics is a key aspect of our work. In addition to lobbying regarding funding and service provision, raising awareness of diabetes and its impact with politicians is important. In March we hosted a function for our Parliamentary Friends of Diabetes and welcomed the newly appointed Diabetes Australia President, Barry O'Farrell and recognised the contribution of Minister Guy Barnett MP, long-time supporter and passionate advocate for people with diabetes with Life Membership of Diabetes Tasmania.

*continued overleaf >*

## Chief Executive Officer's Report (... continued)

Our Living Well with Diabetes forums continue to be a great success, and this year we travelled to Launceston and Burnie. The community well and truly supported these events and it was a wonderful opportunity to engage with local communities.

As well as supporting people with diabetes, we work with many health professionals regarding diabetes management. In June we hosted a Health Professional Symposium in Devonport for nurses and we were delighted to welcome over 60 attendees, primarily practice nurses working in general practice. Our work engaging with general practice and pharmacies has also been a focus this year.

Working in collaboration and in partnership with other organisation is so important and I strongly believe working together truly helps us achieve our mutual outcomes. Furthering this aim, in September 2018, Diabetes Tasmania and the Cancer Council Tasmania opened joint premises in Devonport. The opportunity to colocate has many benefits and in fact we are already working more closely together on health promotion and other activities. The shared space also provides consult space for our Devonport clinic and a terrific group room for both our organisation's programs.


Working in partnership is fundamental to our success and my thanks to all our service partners including Primary Health Tasmania and the statewide Diabetes Centres. Working together with many different partners allows us to more effectively deliver our message to the community. Membership of the Tasmanian Chronic Disease Prevention Alliance, a member of the Brighton Care Collective, being the proud charity partner for the City to Casino and working with Tim Smith and the Pennicott Foundation to support the Schools Triathlon Challenge are integral to promoting our prevention and health and wellbeing messages.

Our staff are the lifeblood of our organisation so making sure they are supported to undertake their work is critical. To this end we are working with Relationships Australia to develop a Mental Health and Wellbeing Plan for all our staff. A small staff working group is leading this work and my thanks to them for their contribution and we look forward to the launch of the plan early in the new financial year.

In conclusion I would like to say a heartfelt thanks to all our donors, those who have supported our varied fundraising challenges and those who have given to our appeals. We couldn't hope to achieve what we do without your generosity.

I am so fortunate to work with a wonderful group of staff, Board members and volunteers. It is the people that make an organisation successful, so my thanks to one and all for every day going above and beyond, as we work to support and advocate for those living with diabetes in our community.

Best wishes



**Caroline Wells**  
CEO, Diabetes Tasmania

## Our acknowledgements

### An evening of acknowledgement was held early in 2019.

The evening was to introduce the new Diabetes Australia President, Mr Barry O'Farrell, to recognise Diabetes Australia Research Program recipient Prof. James Sharman, from the Menzies Institute for Medical Research and proudly present Minister Guy Barnett MP with Life Membership to Diabetes Tasmania for recognition of his dedication and commitment shown to all Tasmanians living with or at risk of diabetes and for his long standing support in helping us to empower our community to better health.

Thank you to everyone who came along and helped us to celebrate this wonderful occasion, including previous Life Members, Kellion Award recipients and supporters.



L-R: Barry Hyland, Kevin Livingstone, Minister Barnett, Patricia Rogers and Peter Fyfe



L-R: Robert Manning, Barry O'Farrell, Caroline Wells and Minister Barnett

## *Vale - Madison Lyden*

All of us at Diabetes Tasmania were saddened and shocked by the tragic passing of Madison Lyden, in New York, in August 2018.

Our thoughts, love and prayers were, and still are with Andy, Lee-Anne, Amanda, Paige and all of her family and friends.

Madison, who lived with type 1 diabetes, was the inspiration behind 'Madison House' built in 2011 by her Dad, Hobart builder and Diabetes Tasmania Life Member, Andrew Lyden. The proceeds of the sale were donated to Diabetes Tasmania and for this we are forever grateful.

**Rest in peace, Madison.**





## The COACH Program® - by Minke Hoekstra, Health and Advocacy Manager

The COACH Program® has had another successful year. Referrals to the program increased significantly over the last 12 months with 364 people with, or at risk of diabetes participating in the program – an increase of 108 participants compared to last year. The increase in referrals reflects the new integrated referral pathway and triage process implemented earlier this year which has enabled more patients to be made aware of telephone health coaching as a service option. Importantly, the latest 6 monthly coach report showed that coaches were able to help a significant number of patients achieve the recommended target level for their diabetes risk factors including HbA1c, cholesterol, blood pressure, physical activity, alcohol and weight.

This year also saw the delivery of the two new pilot streams of The COACH Program®: **Coaching for women after gestational diabetes**, funded through the Tasmanian Community Fund from Nov 2018 – 30 June 2021 and **Coaching for Heart Health**, which is funded by the Department of Health until 30 June 2020.

**diabetes tasmania** **THE COACH PROGRAM** **TASMANIAN COMMUNITY FUND**

**The COACH Program®**  
*for women after gestational diabetes*


Testimonials from Tasmanian women who have participated in the program:

- "My coach is friendly and very supportive"
- "They are understanding and the calls fit within my busy schedule. The leaflets are informative and goals are realistic."
- "It gives me great ideas and encourages me to live in a healthier way"
- "The friendly, personal approach and the fact that the program communicates with my GP"
- "It's given me practical suggestions for healthy food choices and a deeper understanding of my diabetes risk"
- "The discussion is not just based around me it also includes my family"
- "My coach is very easy to talk to and has given me good suggestions about improving my lifestyle"

**No matter where you live, Diabetes Tasmania can help you improve your health and reduce your risk of type 2 diabetes**

**Call us on 6215 9000**

### Have you had gestational diabetes?



**Diabetes Tasmania can help you improve your health and reduce your risk of type 2 diabetes.**

**Call us on 6215 9000**



### Coaching for women after gestational diabetes

has received 104 self-referrals to date. Participants have given positive feedback about the friendly, supportive nature of the calls and the practical and individualised dietary and lifestyle support. The program is being promoted through hospital diabetes centres around the state; as well as through general practice and community organisations including Child Health Association of Tas, Playgroup Tasmania and Lady Gowrie.

The commencement of the pilot program **Coaching for Heart Health** has resulted in a delightful collaboration between the Tasmanian Health Service Cardiac Rehab Program staff and The COACH Program® staff. Coaches have received 77 referrals for patients with, or at risk of heart disease discharged from the RHH who are unable to attend face to face cardiac rehabilitation classes. The COACH Program® provides lifestyle support and encourages medication adherence for these patients to stay well and stay out of hospital. More referrals are expected with the recent inclusion of the Launceston General Hospital and North West Regional Hospital Cardiac Rehab Programs.

## Our work with Residential Aged Care Facilities - by Judy Broad, Aged Care Program Manager

We have continued our commissioned work with residential aged care facilities (RACFs) over the past year, working with 34 facilities across Tasmania assisting them to deliver best practice diabetes care to residents who have diabetes.

From our previous work in this sector, we identified that there was variability in the quality of management of diabetes for residents and based on this finding supported facilities to review their policies and procedures against best practice guidelines and provided education for nursing and care staff. Our team responded to RACF feedback on shortcomings of the existing Audit Checklist for management of residents who have diabetes and devised a shorter, better organised and more user friendly Quality Review Tool.

In response to need, we produced a number of practical resources, such as Six Minute Intensive Training (SMITs) on topics including sick day management, hypos, healthy eating and insulin. We have worked closely with Ray Langridge and his wonderful team at Digital Ink, on the design and production of these resources, as well as the development of online learning modules for nurses and care staff.



L-R: Myles, Elisa, Anne, Judy and Ree

Our Diabetes Educator team comprising Anne Acheson, Elisa Williams (North West) and Ree van Galen and Myles Clarkson Fletcher (South) have provided education and training to over 500 aged care staff, resulting in significant improvement in knowledge and confidence about diabetes management. Our review and recommendations on policy and procedures delivered improvements in screening for diabetes in residents, planning and management of hypoglycaemia, hyperglycaemia and sick day management.

As part of our national role in the portfolio, Older People with Diabetes, Diabetes Tasmania coordinated the Diabetes Australia submission to the current Royal Commission into Aged Care Quality and Safety. In gathering information nationally for the submission, we received widespread and consistent feedback on common issues of concern in diabetes management in the aged care sector and were able to bring these to the attention of the Commission.

We have also coordinated the review and updating of some key national resources for older people. This has included three booklets for older people living with diabetes – Managing Diabetes as you Age, Healthy Eating and You and Your Health Care Team.

A very productive year supporting our aged care sector. Thank you to all who have worked with us to deliver the program.



Anne with staff from Strathdevon, Uniting AgeWell - Latrobe





## PolliePedal'19 - by Ange Headlam, Fundraising and Marketing Coordinator



The Diabetes Tasmania flagship 3 day charity bike ride – PolliePedal - has again been another huge success. PolliePedal celebrated its 14th anniversary this year, with the first ride being held in 2006. This was in partnership with Minister Guy Barnett, who is also a Diabetes Australia Ambassador and lives with type 1 diabetes. Minister Barnett has cycled in every PolliePedal since - an amazing achievement.

Every year the event goes from strength to strength and attracts numerous politicians, interstate riders, like minded business people and members of the community. This year it was great to welcome 14 new cyclists to the PolliePedal family. Over the years we have cycled more than 4000 kilometres of Tasmania and including 2019's fundraising (which was around \$50,000) over \$700,000 has been raised in the 14 years. These funds stay in Tasmania to help us continue our work with the community to prevent and reduce the impact of diabetes.

The support from members of the community and local businesses was fantastic this year with people stopping us on the street to donate and offer support. This year we cycled in the south of the state, from Port Arthur, Dunalley, Park Beach, Cambridge, Richmond, Brighton, New Norfolk, Berriedale, Fern Tree, and Sandy Bay and everywhere in between. We spoke to the local primary school in Dunalley with some great questions from the children about living a healthy and active lifestyle, we stopped by Corumbene, aged care facility in New Norfolk and even called in to the Cancer Councils Relay for Life event and walked a couple of laps in support.

This year Ascensia Diabetes Care, producers of the Contour Next One meter were our premier sponsor, for which we are extremely grateful. The Ascensia team visited pharmacies along our cycling route and also attended many of our stops engaging with local community members and swapping over old meters for a brand new Contour Next One. This kind of support is really what makes this event and we cannot thank them enough for their support.



The Diabetes Tasmania Pollie Pedal is designed to make a difference and it has. We have helped thousands of Tasmanians and with this type of continued community support, sponsorship and participation from our cyclists year after year - we will continue to do so.

Our very generous sponsors this year were:





Thank you

Round Up  
to Make a  
difference

During the month of June Officeworks stores nationally ran a fundraising initiative called **Round Up To Make a Difference**. Where customers are asked to 'round up' their purchase, this is then donated to the stores charity of choice. Diabetes Tasmania was lucky enough to be nominated as Officeworks Hobart's charity of choice.

Not only did they have their customers rounding up, they also ran cook offs between staff members, had BBQs and food vans on site, all of which contributed to them raising well and truly above their initial target of \$4000. We were presented a cheque during National Diabetes Week for an amazing \$10,463, which will go towards our Type One Youth Support program. This placed Officeworks Hobart as 3rd in the nation for funds raised – a truly fantastic effort.

We cannot thank the staff of Officeworks Hobart enough for their commitment to the cause and their willingness to talk to their customers about diabetes and Diabetes Tasmania. raising awareness as they went.

We look forward to working with Officeworks in the future, running some sessions for their staff on the risks of diabetes, healthy eating and staying active to help prevent type 2 diabetes.



## Tax Appeal 2019

Donations received through our tax appeal 2019 raised over \$25,000 and will be going towards supporting and investing in research here in Tasmania, as well as supporting larger national initiatives in diabetes research, like the Diabetes Australia Research Program.

All types of diabetes are serious, complex and require daily care and management. Turning this pandemic around is something we are very passionate about and without the support from appeals like this, it would not be possible.

Again, thank you for your donation.

## Financials

### Statement of Comprehensive Income and Expenses for the year ended 30 June 2019

	2019	2018
<b>Revenue</b>		
Product Sales		
Fundraising	99,408	115,062
Health Services	1,923,712	1,699,113
Interest - Bank Accounts	4,005	14,009
Memberships	51,555	95,408
NDSS Total Funding	989,667	921,806
Rental Income	15,767	15,420
Other Income	458	13,523
Wage reimbursement	3,500	17,295
Youth Activities	65,608	73,356
<b>Total Income</b>	<b>3,153,680</b>	<b>2,964,992</b>
<b>Expenses</b>		
Product Purchases		
Administration	58,839	89,976
Employment Costs	1,981,552	1,821,533
Fundraising	10,538	13,829
Marketing & Awareness	14,636	-
Office Equipment	302,489	291,628
Program consumables	553,568	442,984
Travel	47,464	57,447
<b>Total Expenses</b>	<b>2,969,086</b>	<b>2,717,396</b>
<b>Operating surplus</b>	<b>184,594</b>	<b>247,596</b>
<b>Other Income</b>		
Bell Potter Investment	109,647	36,356
<b>Total Other Income</b>	<b>109,647</b>	<b>36,356</b>
<b>Other Expenses</b>		
Loss on Disposal of Assets	-	-4,371
<b>Total Other Expenses</b>	<b>-</b>	<b>-4,371</b>
<b>Net Surplus</b>	<b>294,242</b>	<b>279,581</b>

## Statement of Financial Position as at 30 June 2019

		2019	2018
<b>Current Assets</b>			
Cash & Cash Equivalents	1	1,041,034	561,334
Investments		1,890,258	1,854,474
Receivables		92,765	225,679
Prepayments		17,263	20,975
Redundancy			
<b>Total Current Assets</b>		<b>3,041,320</b>	<b>2,662,462</b>
<b>Non-Current Assets</b>			
Property, plant and equipment	2	134,527	152,298
<b>Total non-current assets</b>		<b>134,527</b>	<b>152,298</b>
<b>TOTAL ASSETS</b>		<b>3,175,847</b>	<b>2,814,760</b>
<b>Current Liabilities</b>			
Creditors and other payables		115,868	141,198
Provision - Annual & Long Service Leave		278,926	228,372
Income in advance		377,011	345,733
<b>Total Current Liabilities</b>		<b>771,805</b>	<b>715,303</b>
<b>Non-Current Liabilities</b>			
Provision - Long Service Leave		41,600	31,256
<b>Total Non-current Liabilities</b>		<b>41,600</b>	<b>31,256</b>
<b>Total Liabilities</b>		<b>813,405</b>	<b>746,559</b>
<b>Net Assets</b>		<b>2,362,442</b>	<b>2,068,201</b>
<b>Equity</b>			
Retained Earnings		2,068,201	1,788,620
Current Year Surplus / (Deficit)		294,241	279,581
<b>Total Equity</b>		<b>2,362,442</b>	<b>2,068,201</b>



## Financials

### Accumulated Funds

	2019	2018
Accumulated funds at the beginning of the year	2,068,201	1,788,620
Net Surplus for the year	294,241	279,581
<b><u>Accumulated funds at the end of the year</u></b>	<b><u>2,362,442</u></b>	<b><u>2,068,201</u></b>

### Notes

1. Cash and cash equivalents include cash on hand, cash in banks and investments in money market instruments, with an original maturity of 3 months or more.
2. Property, plant and equipment are depreciated using Straight-line depreciation

### Summary Financial Report for the year ended 30 June 2019

The financial statements and other specific disclosures are a summary of and have been derived from the audited financial statements of Diabetes Australia – Tasmania for the year ended 30 June 2019.

The summary financial report does not, and cannot be expected to provide a full understanding of the financial performance or financial position of Diabetes Australia – Tasmania as the full report.

A copy of the Annual Financial Report and Auditor's Report will be available at the Annual General Meeting and can be provided upon request.

Diabetes Australia - Tasmania is a company established under the Company Limited by Guarantee Act 1956 and operates in accordance with the legislative requirements and its Constitution. The accounts are audited each year and a copy lodged with ACNC.

Copies of the audited financial statements are available to members and to the public on request.

### **DIABETES AUSTRALIA - TASMANIA'S DIRECTORS' REPORT**

Directors submit their report for the period ended 30 June 2019.

#### ***Directors***

The names and qualifications of the Directors in office at the date of this report are:

Mr Robert Manning - LLB. – President (Elected President 11 September 2014)

Mrs Fiona Dixon – B.Com, FCPA, GAICD – Vice President (Elected 11 September 2014)

Mr Gabriel Gossage (Appointed 26 November 2014)

Mrs Linda Manaena (Appointed 1 April 2015)

Mrs Alison Garrett (Appointed 10 May 2017)

Prof Stephen Rattigan (Appointed 10 May 2017)

Mrs Rosalie Beardsley (Appointed 21 June 2017)

All Directors are paid-up Members of Diabetes Australia -Tasmania, trading as Diabetes Tasmania, in accordance with the Constitution. No Director had any pecuniary interest in the affairs of the Company during the year.

#### ***Principal Activity***

The principal activity of the Company during the financial year was that of a charitable organisation serving the needs of people with diabetes, promoting awareness of diabetes, the associated risk factors and the promotion of a healthy lifestyle. The Company is a public company limited by guarantee incorporated in Tasmania and registered as Diabetes Australia – Tasmania, the Company trades under the name Diabetes Tasmania.

Diabetes Australia - Tasmania is a member organisation of Diabetes Australia, the national peak body.

The Operating surplus for the 12 months trading period ending 30 June 2019 was \$294,242 compared to a surplus of \$279,581 in the previous 12 months.

#### ***Review of Operations***

##### ***Income and Expenditure***

Key income drivers were Health Services 62.1% NDSS 30.2% of total income. In line with organisational service delivery requirements employment costs comprised 65.3% of total expenses.

#### ***Likely Developments and Expected Results***

For the financial year 2019/20 all current health service programs and NDSS funding will continue.

The Type One Youth Support Program will continue its work in the area of Diabetes Friendly Schools and five children's and youth camps are planned. The NDSS funding for the Diabetes Training in Schools will commence.

The organisation has budgeted a profit of \$74,512.11 for 2019-20 financial year.

## Financials - Directors' report & declaration

### **Director's Benefits**

In accordance with the Company's Constitution, during or since the financial year, no Director of the Company has received or become entitled to receive any benefit by reason of a contract made by the Company or related corporation with a Director or with a firm of which a Director is a member, or with a company in which a Director has a substantial financial interest.

Signed in accordance with a resolution of the Directors.



**Mr. Robert Manning**  
President

Dated this 23 day of October 2019.

**Diabetes Australia – Tasmania**  
Directors' Declaration  
For the Year Ended 30 June 2019

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The directors have determined that the Company is not a reporting entity and that this special purpose financial report should be prepared in accordance with the *Corporations Act 2001* and the *Australian Charities and Not-for-Profits Act 2012* outlined in Note 1 to the financial statements.

The directors of the Company declare that:

1. The financial statements and notes present fairly the Company's financial position as at 30 June 2019 and its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements; and
2. In the directors' opinion there are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.

Director



**Robert Manning**, President

Director



**Fiona Dixon**, Vice President

Date 23/10/19





### Independent Auditor's Report to the Members of Diabetes Australia - Tasmania

#### Opinion

We have audited the financial report, being a special purpose financial report, of Diabetes Australia - Tasmania (the Company), which comprises the balance sheet as at 30 June 2019, the income and expenditure statement, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the directors' declaration.

In our opinion, the accompanying financial report of the Company is in accordance with the *Corporations Act 2001* and the *Australian Charities and Not-for-Profit Commission Act 2012*, including:

- (i) giving a true and fair view of the company's financial position as at 30 June 2019 and of its financial performance for the year ended on that date; and
- (ii) complying with Australian Accounting Standards to the extent described in Note 1, and the *Corporations Regulations 2001* and the *Australian charities and Not-for Profit Commission Regulation 2013*.

#### Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the auditor independence requirements of the *Corporations Act 2001* and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We confirm that the independence declaration required by the *Corporations Act 2001*, which has been given to the directors of the Company, would be in the same terms if given to the directors as at the time of this auditor's report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Emphasis of Matter - Basis of Accounting

We draw attention to Note 1 to the financial statements, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the directors' financial reporting responsibilities under the *Corporations Act 2001*. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Liability limited by a scheme approved under Professional Standards Legislation.



## Financials - Auditor's report

### Responsibilities of the Directors for the Financial Report

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial statements is appropriate to meet the requirements of the *Corporations Act 2001* and the *Australian Charities and Not-for-Profit Commissions Act 2012* and is appropriate to meet the needs of the members. The directors' responsibility also includes such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

### Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Entity to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Joanne Doyle

Partner

Wise Lord & Ferguson

Date: 28 October 2019



**Diabetes Tasmania is a health charity who works with our community to prevent and reduce the impact of diabetes.**

**With over 60 years of supporting our community, Diabetes Tasmania has evolved into an organisation with a broad range of education and support services for people affected by all types of diabetes and those at risk.**

**Supporting over 85,000 Tasmanians who are either living with diabetes, living with undiagnosed diabetes or at high risk of developing diabetes: Diabetes Tasmania is here for all Tasmanians now and into the future.**



**Diabetes Tasmania your local health charity.**

**Integrity - Compassion - Quality - Transparency - Respect - Professionalism**

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**DiabetesTasmania  
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