



**MEET**

**YOUR TYPE**

Where community meets advice  
and shared experience

Diabetes  
**YOU**United **d** diabetes  
australia

[diabetesaustralia.com.au/membership/benefits](https://diabetesaustralia.com.au/membership/benefits)

**JOIN  
FOR FREE  
TODAY**



# Join Australia's largest diabetes community

Connect with others living with diabetes, tap into trusted support, and stay informed every day. No matter where you live in Australia, Diabetes YOUnited keeps support simple, accessible, and affordable.

Choose support that fits your life:

## ESSENTIAL

### It's free!

- ✓ Monthly newsletter with news and updates
- ✓ Longevity Pathways with health professionals
- ✓ Community forums and resources
- ✓ Regular webinars with health professionals
- ✓ Health Hour: Q&A with an accredited dietitian

## PLUS

### Full membership

From \$3/month\*, all the benefits of an Essential membership plus:

- ✓ Circle Magazine (quarterly exclusive)
- ✓ Harvest Meal Plans (7-day plans)
- ✓ Harvest Cookbook (quarterly digital)
- ✓ YOUnited Active movement programs
- ✓ Community Forum access
- ✓ Discounted telehealth clinic fees

...and more

\*Concession price

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